


Have a safe night out!

Drink	Units	Kcal
Draught lagers, beers and ciders per pint	4	250
Wine 175mls	2	130
Spirit (single) and mixer	1	140
Jager Bomb (Jager+Relentless)	1	106
Alcopops 275mls	1	201
Water	0	0



Drink Less Enjoy More

All units & Kcals are approx.

Know your limits

2-3 units a day



3-4 units a day



Got your taxi fare?

Bob's Cabs

0117 979 2261

Bristol Direct Cars

0117 965 1000

Euro Taxis

0800 373585

V Cars

0117 925 2626

Working in partnership with South Glos Council